



PRESS RELEASE

The 4th Health District of Macedonia and Thrace attempts to talk to children in the cross-border area about childhood diabetes with a new leaflet entitled "Let's talk about diabetes", simple messages, vivid colors and beautiful images.

"Why does diabetes occur?" "What are the symptoms?" "How does exercise and diet help?" "What do we need to do at school?" These are just some of the goal setting shareware that you can use.

The leaflet focuses mainly on children in order to inform them but also to send messages about life with diabetes. It contains information on the symptoms, insulin, diet and exercise of the children with diabetes. At the same time, it focuses on the management of children with diabetes in the school environment, while giving answers to some key questions.

The design and development of the form was part of the project "Joint Actions for the Protection and Improvement of Public Health in the Cross-Border Area" with the acronym "IpA Shield II", and is available in the three languages of the program, Greek, English and the official language of the Republic of North Macedonia on the project website and the IpA Shield II Facebook page.

You can find more information about the IpA Shield II project and its actions on its website at <https://ipashieldii.eu/>

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